



Yoga

On 1<sup>st</sup> April 2023  
At 10:00 am  
New Seminar Hall

**B. K. BIRLA COLLEGE  
(AUTONOMOUS), KALYAN**  
**UGC SPONSORED CENTER FOR YOGA  
PHILOSOPHY AND PRACTICE**

**ORGANISES**

**ONE DAY WORKSHOP**

**ON**

***AWAKEN YOUR MIND THROUGH YOGA***

